Annual Report for the WSAVA Global Pain Council

Name of the Committee
Global Pain Council

Name of the Committee (Co-)Chair(s)
Duncan Lascelles

Name of the Committee Members
Kazu Yamasita, Paulo Steagall, JC Murrell, Peter Kronen, Bonnie Wright, Sheilah Robertson and Beatriz Monteiro

Mission/Tagline of the Committee
To raise global awareness and provide a call to action based upon the understanding that all animals are sentient and can therefore feel pain and suffer from it. The Global Pain Council strives to elevate the level of confidence and competence in recognising and managing pain in small animals.

Committee Activities of 2018
The ability to experience pain is universally shared by all mammals, including companion animals, and as members of the veterinary healthcare team it is our moral and ethical duty to mitigate this suffering to the best of our ability. This begins by evaluating for pain at every patient contact. However, and, despite advances in the recognition and treatment of pain, there remains a gap between its occurrence and its successful management; the inability to accurately diagnose pain and limitations in, and/or comfort with, the analgesic modalities available remain root causes.

Vision
An empowered, motivated, and globally unified veterinary profession that effectively recognizes and minimizes pain prevalence and impact.

Mission
To raise global awareness and provide a call to action based upon the understanding that all animals are sentient and can therefore feel pain and suffer from it. The Global Pain Council strives to elevate the level of confidence and competence in recognising and managing pain in small animals.

Goals
a) Develop pain assessment and treatment guidelines having universal relevance and maintain their currency
b) Develop programmes of education that promote improved awareness of animal pain and its management, taking into account regional differences in attitude, education and available analgesic modalities.
c) Build capability and capacity in assessing and managing animal pain internationally, through the supported development of talent.

Summary of 2018 activities:
- Successful face to face meeting and creation of a 5-year roadmap including detailed budget (see below); 8 group teleconferences throughout the year
- Translation of the Pain Guidelines into French, Japanese,
- Replacement of retired members of the GPC with new members (Drs. Bea Monteiro and Jo Murrell) via a nomination and voting process
- Initiation of ‘Pain Capsules’ with first two capsules submitted to JSAP
- Recording of ‘Pain Capsule Videos’ for website
- Re-vamping of GPC website
- Successful lectures at WSAVA Singapore
- Initiated comprehensive update of the Pain Management Guidelines
- Initiated expansion of the Pain Management Guidelines (Small Mammals)
- Fully planned a GPC stream and a joint IVAPM/GPC stream for WSAVA Toronto 2019
- Facilitated $300,000 in sponsorship from Zoetis for Platinum status at WSAVA and exclusive sponsorship of GPC Streams WSAVA 2019 and 2020
- Designed and drafted a GPC Teach the Teacher academy for veterinarians and technicians, to be launched at WSAVA Toronto, 2019

**GPC 5 year Roadmap: 2018-2023**

**Phase I: Preliminary Phase**
Define the objectives for the GPC over the next 5 years at a face to face meeting (June 2018)

**Phase II: Initiatives**

**Update Guidelines**
Update the Guidelines
Update the scientific and recommendation content
Add additional chapters where needed
Update protocols – see separate document detailing required updates
New figures and images

**Expand Guidelines**
Expand the guidelines to include small mammals
Expand the guidelines to include reptiles

**Translate guidelines into other languages**
Translate the full Guidelines into Spanish; Thai; Portuguese; Spanish; Chinese; Hindi; Arabic; Russian

**Public Outreach Initiative**
Create website pages with helpful information for owners

**GPC Teach The Teacher Global Scholarship:**
Create and fund a competitive scholarship program for individuals from developing countries in order to develop local teachers. Each scholar would undertake a structured program of education with GPC members and have requirements for producing and giving mentored GPC CE in their home country

**Develop mobile phone ready instructional content from the guidelines.**
Create a mobile phone App with structured content reflecting the guidelines.

**Create a ‘one stop’ website-based repository of small animal Pain Assessment Tools.**
A website based repository of all the small animal Pain Assessment Tools will be created. It will contain the actual tools and instructions, or links to the tools.

**Continue WSAVA CE support**
Create CE event at each annual WSAVA Congress, with or without partners (e.g. IVAPM)

**‘What you really need to know’ Capsules**
Create and publish two 1000 word ‘capsules’ of clinically relevant information on key topics in pain management. Published four times a year (in JSAP) under GPC collective authorship of each

**Pain Capsule Videos**
On a rolling basis, whenever the GPC members are collected together, we will create short videos on key topics of pain management. These will be intermittently posted on the website.
Phase III: Follow up Activity Phase
Track the impact of the Guidelines and CE efforts, analyse this and adjust goals to maximise our impact in achieving our mission

Priorities for 2019
- Update Guidelines
- Update the Guidelines (update the scientific and recommendation content, add additional chapters where needed, update protocols – see separate document detailing required updates, new figures and images)
- Expand Guidelines
- Expand the guidelines to include small mammals
- Translate guidelines into other languages
- Translate the full Guidelines into Spanish; Thai; Portuguese; Spanish; Chinese; Hindi; Arabic; Russian
- Public Outreach Initiative
- Create website pages with helpful information for owners
- GPC Teach The Teacher Global Scholarship:
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Sponsors of the Global Pain Council
Boehringer Ingelheim, Elanco, Zoetis, Vetoquinol